

DAN CARLISLE'S GOLD MEDAL SHOOTING ACADEMY 2-DAY CLINICS

GMSA instructors will come to your club to host a minimum of two 2-day clinics for instruction in any number of shotgun disciplines, including: sporting clays and FITASC; American trap and skeet; International bunker trap, skeet, and double trap; and hunting simulation.

The GMSA clinic experience includes:

- Sixteen hours of world-class instruction using a direct coaching approach;
- Take-home, fully illustrated training manual that covers all aspects of your chosen discipline, from basic fundamentals and equipment to breakdowns of each target presentation the shooter is likely to face in competition;
- Detailed explanation of the Carlisle Triangle Method – break zone, hold point, speed, placement, feel and focus; and
- Mental training tips and techniques used to reach peak performance, including goal setting and creating and implementing pre-shot, shot, and post-shot routines.

We require a minimum of 10 shooters per 2-day clinic, but we have enough qualified coaches to accommodate any number of students. We keep the coach to student ratio low to provide an optimal training experience. Our comprehensive lesson plans are designed to allow sufficient classroom time to work through the training manual while also maximizing on-the-range training.

Clinic cost is only \$850 per person, including lunch daily and membership to Clay or Trap Shooting USA (targets and ammunition NOT included).



What Makes us Unique

The Triangle Method



Dan Carlisle developed his "Secrets of the Triangle" nearly fifteen years ago and has refined it as a method of training shotgun shooters to excel by shooting each shot in a carefully designed routine. Literally hundreds of champion shooters have used The Carlisle Method to meet and exceed their goals.



Dan Carlisle
NSCA level II
Certified Instructor

WHO WE ARE:



Dan Carlisle-Shooting

- Olympic medalist
- World Champion
- 4-time Pan American Champion
- 13 National Main Event Championships
- Back to back 5-Stand NSCA National Championships
- 6-time World Record holder
- Won National Championships in: USSCA, SCA, NSCA, NSSA, ISU Trap & Skeet
- All American in: USSCA, SCA, NSCA, NSSA, ATM

Coaching

- 26 years experience – Trap, Skeet, ISU Sporting Clays, FITASC and Hunting
- Has coached Olympic, World & National Champions & hundreds of All-Americans over the last 15 years.
- Developed the Carlisle Academy Triangle System. Trademarked.



Mark Weeks – Shooting

- 15-time USA Shooting National Team Member
- 3 World Championship Teams
- 4 National Championships
- 3-time World Record Holder
- All-American in NSSA
- ACUI National Champion (All-Around)
- 11 year member of the United States Army Marksmanship Unit

Coaching

- USA Shooting National/Olympic Team Head Coach
- United States Army Marksmanship Unit Head Coach
- 2008 Olympic Team Assistant Coach (4 medals)
- NRA/USAS Certified (Level5)
- Has coached Olympic, World and National Champions
- Lead Instructor for NRA Advanced International Camp
- Carlisle Academy Master Level Instructor



Haley Dunn – Shooting

- 10-time USA Shooting National Team Member
- 5 World Championship Teams
- 3-time National Champion
- Pan American Gold Medalist
- First Female in the US to shoot 100 straight in competition – International Skeet
- 2012 FITASC and Super Sporting Ladies Champion
- NSCA Ladies All-American Team
- 11 World Cup, World Championship, World Cup Final and Pan Am Medals
- ACUI Ladies HOA (All-Around)

Coaching

- Carlisle Academy Master Level Instructor
- Lead Instructor for NRA Advanced International Camp
- Coach USA Shooting Junior Olympic Team Members, SCTP Teams and 4-H Teams in all